



## Backpack Training Webinar Series 2024

**Wednesday, February 14, 2024  
12:30 pm – 1:30 pm**

### Learning Social Emotional Skills through Little Kids, Big Hearts Podcast!

Little Kids, Big Hearts is a podcast for kids and families that can help parents and educators introduce big topics in social and emotional learning to their children. The podcast explores what it means to have a big heart and how to grow one with episodes focused on identity, friendship, and standing up for others. Join us to learn more about this Podcast and how it can help young children express their emotions and learn social-emotional skills.

**Register here:**

**<https://bit.ly/3Uczztx>**

Presented by: Julia Levy, Executive Director, Sparkler Learning and Bethanne Vergean, Research Assistant, UConn Center for Excellence in Developmental Disabilities

**CPAC**  
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**FAMILY.  
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A Program of Connecticut Parent Advocacy Center



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DISABILITIES

**Keep an eye out for our  
next workshop!**

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**Interpretación  
en español en vivo**

**Live Spanish  
interpretation provided**

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**For questions or more information  
please contact us at  
860-739-3089 or email us at  
[cpac@cpacinc.org](mailto:cpac@cpacinc.org)**