



# Establishing Transition Goals & Objectives Worksheet

Student Name: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_ High School Years Remaining: \_\_\_\_\_

## Employment/ Post-secondary Education or Training (check all that apply)

### Long Term Goal

When your son or daughter graduates from high school, what are your hopes/expectations?

- Full/ Part-Time Competitive Employment
- Supported Employment
- College
- Community – Technical College
- Apprenticeship Program
- Military
- Other

### Short Term Objectives

What does your son or daughter need in order to achieve his/her Employment/ Post-secondary goal? How are these needs going to be met in the upcoming year?

#### Vocational Assessment Process

- |                          |   |                          |                 |
|--------------------------|---|--------------------------|-----------------|
| <input type="checkbox"/> | Career Interest Testing                                 | <input type="checkbox"/> | Medical         |
| <input type="checkbox"/> | Aptitude  | <input type="checkbox"/> | Social          |
| <input type="checkbox"/> | Achievement   | <input type="checkbox"/> | Behavioral      |
| <input type="checkbox"/> | Intelligence  | <input type="checkbox"/> | Learning Styles |
| <input type="checkbox"/> | Situational Assessment in Community-Based Training Site |                          |                 |

#### Functional Assessment

- Independent Living
- Community Participation
- Recreation/Leisure
- Student Questionnaire
- Family Questionnaire

- Career Awareness/Counseling Activities
  - Applied Technology Courses
  - Job Skills Training Course (Job Seeking and Keeping)
  - Career Exploration/Job Shadowing
  - Field Trips to Employment Sites in Community
  - Volunteer Work (In School or Community)
  - Community-Based Work Experience Program
  - Community-Based Supported Employment Program (with job coach)
  - Summer Youth Work Experience Program
  - Visitation to Vocational-Technical School
  - Rehabilitation Engineering/Technology
- College Preparatory Course with Needed Support**
- |   |   |
|---|---|
| <input type="checkbox"/> Study Skills           | <input type="checkbox"/> Organizational Skills  |
| <input type="checkbox"/> Self-Advocacy Skills   | <input type="checkbox"/> Time Management Skills |
| <input type="checkbox"/> Problem-Solving Skills | <input type="checkbox"/> Social Skills          |
- Post-secondary Education and Training Opportunities
  - Entrance Requirements to Post-secondary Institutions
  - Visits to Post-secondary Institutions
  - Special Arrangements for SAT Testing
  - College Support Services
  - Financial Assistance
  - Adult Education
  - Military Service
    - Accommodations to take ASVAB
- Interagency Linkages:**
- Bureau of Rehabilitation Services
  - Department of Mental Retardation
  - Department of Mental Health
  - Board of Education and Services for the Blind
  - Commission on the Deaf and Hearing Impaired
  - Community Counseling Services
  - JTPA, Other Employment Services (Job Service)
  - Support and Advocacy Organizations
  - Other:
  - Other:
  - Other:

## Independent Living (check all that apply)

### *Long Term Goal*

**When your son or daughter graduates from high school, what are your hopes/ expectations for their living arrangement?**

- House or Apartment
- Supported/ Supervised Living
- Community Training Home
- Group Home
- Family
- Other

### *Short Term Objectives*

**What does your son or daughter need in order to achieve his/her Independent Living goal? How are these needs going to be met in the upcoming year?**

### **Independent Living Assessment Process**

- Self-Advocacy Skills
- Household Management/Maintenance/Participation
- Money Management
- Social Skills
- Meal Planning and Food Preparation
- Personal Hygiene
- Dressing and Grooming
- Drug and Alcohol Counseling
- Family Planning and Sex Education
- Personal Care Attendant Services
- Safety and Health
- Financial Support
  - General Public Assistance
  - SSI, SSDI, Medicare, Medicaid, PASS
- Legal Assistance Programs and Services
  - Guardianship/Wills
- Respite Care
- Visits to Group Homes/Supported Living Options

## Community Participation/Recreation and Leisure

### Long Term Goal

**1. When your son or daughter graduates from high school, what are your hopes/expectations for their active inclusion in the community?**

- Accessing the Community With Full Independence
- Accessing the Community With Support

### Short Term Objectives

**2. What does your son or daughter need in order to achieve his/her Community Participation goal? How are these needs going to be met in the upcoming year?**

- Extracurricular Activities/Clubs in School and Community
- Athletic Programs in School and Community
- Peer Mentoring/Support Programs

#### **Mobility/Accessibility/Transportation**

- Driver's Education
- Use of Public Transportation
- Specialized Transportation Services

#### **Consumerism**

- Shopping
- Restaurants
- Banks
- Post Office
- Other
- Service Organizations/Volunteerism
- Voting
- Continuing or Non-credit Education
- Hobbies
- Church Groups
- Advocacy/Legal Services
- Medical Services
  - Adaptive Equipment
  - OT/PT