





Connecticut Parent Advocacy Center

June 2019 ENews



Connecticut's Resource for Children with Disabilities; EMPOWERING AND EDUCATING FAMILIES

Extended School Year (ESY)

Extended School Year (ESY) services is an individualized instructional program for eligible students with disabilities that is provided beyond the regular school year. The need for ESY services must be determined on an individual basis by the admission, review, and dismissal (ARD) committee.

View a full list of upcoming special education related events in Connecticut by visiting: www.cpacinc.org/upcoming-events.

Read more here>>

Collaborative Summer Library

This summer marks the 50th anniversary of the Apollo Moon Landing and therefore, Space is the theme for all summer reading programs. Take a look at some "out of this world" ideas from Collaborative Summer Library to engage your child in summer reading.

Learn more here>>

Support your Childs Learning over the Summer

Summer can be an exciting time for children. Parents can still support their child's learning during the summer months. Your town's local library, museums and other programs support learning opportunities.

For more information>>

Benefits from a Summer Learning Program

Even after school's out for the summer, the learning can continue! Many kids may benefit from a summer learning program. Read on to explore the different options for kids with learning and attention issues.

Read more here>>

CPAC The Blog - Summertime

About Us

CPAC is a statewide nonprofit organization providing information and support to families in Connecticut who have children, ages birth to 26, with any disability or chronic illness. We believe that parents can be the most effective advocates for their children given the confidence that knowledge and understanding of special education laws can bring.

We need your help! Please consider helping CPAC. Click here to donate.

Hello, this is Jake again.

As summer approaches, I find myself wanting to be out an about in a leisurely manner more and more and just breathe in the fresh salty air near the shoreline or the deep earthy fragrance of a nature trail or park. I've got a few of my favorites for you for this summer, so check it out.

Read more from Jake here>>

Next STEPs is coming to Norwalk!

Starting mid October Next STEPs Parent Leadership
Training will be held in Norwalk for 9 weeks. Contact us
for more information - cpac@cpacinc.org or 860-739-3089
Next STEPS is a free 8 week training series for families,
educators, community professionals which is held in the
evening. It is designed to help families and professionals
become more familiar with special education and be
prepared to serve on school, district or state level teams
working to improve outcomes for students with
disabilities. Participants will also be more prepared to
support other parents one on one. Application can be
found at: .http://www.cpacinc.org/projectsprograms/next-steps/)

DATES and LOCATION to be determined.

Free Admission Year Round to Mystic Aquarium

EBT holders can get free admission year round to Mystic Aquarium and 3 guests (that's up to 4 people)

Learn more here>>

CPAC's FAQ:

Dear Parent Consultant,

My sons will be home for the summer. They didn't qualify for extended school year. What can I do to help them stay engaged over the summer? I don't want them to regress.

Any ideas or recommendations?

Thanks,

Mom of Four

Spanish Materials

Many of our fact sheets and resources are available in Spanish. Visit www.cpacinc.org and click on "En Espanol" in the top right corner of the page.

Dear Mom of Four,

When you are thinking of summer you're probably considering summer camps among the many things on your to-do list. Here you can find some information on how to help you with your summer camp search. As always there are many things to consider as you start the summer but rest assure there may be academic and enrichment opportunities in your area. You may want to call 2-1-1 or visit https://www.211ct.org/ as they have a wealth of resources available. You may also want to reach out to your local school district and Parks and Rec programs to see what academic enrichment or summer activities may be available.

In addition, reach out to your local library as they offer programming throughout the year (check for yours here). Another resource is ConneCT Kids as they have resources for families that have children with special needs for a variety of programming for both summer and <u>year-round</u>. The State Education Resource Center has also put together a directory with some resources of interest for summer programming. There's also a nice blog from MommyPoppins.com she posts happenings throughout CT of things to do. Moreover, a recent 2019 special needs camp directory is available for your perusal. It may not be extensive but among the other resources one worth exploring if you are still looking for something to do this summer. Also, reach out to agencies that support families as they sometimes have family fun and childfriendly activities and programs from support groups to playgroups.

Be encouraged and may your summer be filled with warm weather and lots of adventures.

Parent Consultant

Upcoming Events

CPAC posts statewide **Upcoming Events** on our website including CPAC workshops and those of other organizations that may interest the families we serve. Please be sure to check back regularly as events are added daily. Additionally, if you have events that you

would like to share with families, please send them to cpac@cpacinc.org for consideration. To view Upcoming Events visit www.cpacinc.org.

Educational Term of the Month

Extended School Year (ESY): Special education and related services that are provided to a student, in accordance with the student's IEP, beyond the normal school year and at no cost to parents. The determination of the need for ESY services for a student is determined by the PPT on an individual basis.

Learn the definition of other educational terms by viewing our <u>Guide to Educational Terms</u> (in English and Spanish).

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