

The Connecticut Family Support Network's





Annual "One Voice" Conference for Parents and Caregivers of a Loved One with Special Needs

## The Road Map for a Great Life

You Are Not Alone Parent • Advocate • Mentor

Wadsworth Athe Charting The LifeCourse Together

CTFSN staff and parent leaders will share their experiences with you at this event where you can network with others, talk to vendors, take some relaxation time and attend a valuable break-out session.

> Wednesday, March 25<sup>th</sup>, 2020 9.00 am to 2.00 pm – registration begins at 9 am A light breakfast and lunch will be served.

Located at Mandell JCC, 355 Bloomfield Avenue, West Hartford, CT

This event is FREE to parents and self-advocates!

To Register click <u>here</u>

or go to www.ctfsn.org/conference-registration

For questions call 203-826-9739 or email registration@ctfsn.org

## BREAK-OUT SESSIONS

## Now What? - A CTFSN Presentation

Insight, ideas and resources for whatever stage you are at in your journey. If you are new to the journey, or going through a transition, this session will help you identify the next steps. From newly diagnosed, transition and everything in-between.

## From Me to We – Tom Cosker, Disability Rights Connecticut Advocate

Learn how your advocacy skills, beginning with your own child, can expand to help others. Educating yourself to advocate more effectively for your child, and broadening the scope of your advocacy to friends, other families in your community.

Your Voice Matters–Gretchen Knauff, Disability Rights CT Executive Director

Legislative Advocacy - Learn how your advocacy can make a difference in your community and the state. Discover how to make your voice heard with elected officials. Learn more in this informative breakout session.