CT CORE Transition Skills: Assessments & Resources

*** Family needs to encourage and support students in all areas

CT CORE Transition Skills	Guidepost for Success	Assessments	Resources
A. Assist with the development of his/her Individualized Education Program (IEP).	1	• WOWI • Picture Personality Inventory • Reading Free • Myers Briggs • Strong • Card Sorts • CAI •	• Portfolio development • Student Success Plan- Collaborate with school http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Special/ED635.pdf • IEP/IPE Crosswalk - http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/BRSIEPResource.pdf • National Gateway to Self-Determination http://ngsd.org/people-disabilities/resource-guide-people-disabilities • Zarrow Center-Self-Determination Education Materials http://www.ou.edu/zarrow/ • Making the right turn: A guide about improving Transition outcomes for youth involved in the juvenile corrections system www.ncwd-youth.info • Virginia Department of Education Self-Determination Project: http://www.imdetermined.org/ • National Gateway to Self-Determination http://ngsd.org/people-disabilities/resource-guide-people-disabilities

| B. Attend, participate in and/or facilitate his/her Planning and Placement Team (PPT) meeting. | 1 | • Teacher created checklist/rubrics | • *Stepping Forward: A Self-Advocacy Guide for Middle and High School Students* - http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/steppingforward_color_interactive_14.pdf
• 411 on Disability Disclosure http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/411DisabilityDisclosureComplete.pdf
• Building a Bridge http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Special/BuildingABridge.pdf
• Virginia Dept. of Education Self-Determination Project: http://www.imdetermined.org/
• Project 10 Self-Advocacy and Self Determination http://www.project10.info/DetailPage.php?MainPageID=185&PageCategory=Effective%20Practices%20in%20Transition&PageSubCategory=Student%20Development
• The Self-Advocacy Strategy; Anthony K. Van Reusen, Candace Bos, JEan Schumaker Donald Deshler
• Self-Directed IEP - James E Martin, Laura Huber Marshall Laurie Maxson Patty Jerman |

C. Demonstrate and accept responsibility for his/her independence and activities of daily living.	3	• Brigance Transition Skills Inventory
		• Transition Planning Inventory
		• Informal Assessments for Transition: Independent Living and Community Participation (pro-ed)
			• Connect- Ability E Learning: https://elearning.connect-ability.com/
			   o IL Overview, PAS, Service Animals, Emergency Preparedness
			• Collaborate with Mental Health Providers
			   o DMHAS, LMHA, YAS, NAMI
			• Healthy and Ready to Work http://www.findyouthinfo.gov/youth-topics
			• Skills to Pay the Bills: http://www.dol.gov/odep/topics/youth/softskills/softskills.pdf
			• Autism Resource Guide: "Adults with ASD Survival Skills check list p. 124-128
			• Autism Resource Guide: "A word to parents about enabling" p. 84-85
			• Autism Resource Guide: Teaching children "survival skills" for adulthood: A wake up call for parents p. 120-123
			• Personal Hygiene? What's that got to do with me?: Pat Crissey. Jessica Kingsley Publishers. 2005.
			• Hygiene and Related Behaviors for children with Autism Spectrum and Related disorders: A fun Curriculum with a focus on Social Understanding Kelly Mahlers, MS OTR/L
			• Teens Health: http://kidshealth.org/teen/
			•

D. Demonstrate skills needed to access appropriate transportation (both public and private).	3, 4, 5	•	• The Kennedy Center Travel Training, mobility trainer: http://www.thekennedycenterinc.org/what-we-do/programs-services/mobility-services/travel-training.html • CT Transit website http://www.cttransit.com/ • Connect-Ability website Transportation section http://www.ct.gov/connect-ability/cwp/view.asp?a=4477&q=524770

| | | | Vision Impaired- BESB for resources- Mobility training http://www.ct.gov/besb/cwp/view.asp?a=2848&q=331462 Orientation and Mobility/Community-based Instruction infusion Scope and Sequence Chart: http://www.spedex.com/resource/documents/cbi/cbi.htm Easter Seals Project Action Travel Training for students: The route to achieving Post-Secondary student outcomes: http://www.projectaction.org/Training/TravelTraining/TravelTrainingforStudentSuccess.aspx A Curriculum to Build the Knowledge of Educators, Families, and Human Services and Transit Professionals Regarding Transportation Education and Travel: http://www.projectaction.org/Initiatives/YouthTransportation/TransportationEducationCurriculum.aspx Getting Around Eastern Connecticut: http://www.ectcinc.com/gettingaroundect2013.pdf You Can Ride: a pictorial guide to taking a trip on public transit which can be modified to fit a particular student's needs by inserting real-world pictures in the tabs provided (note you will want to order this book in hard copy) http://www.projectaction.org/ResourcesPublications/BrowseOurResourceLibrary/ResourceSearchResults.aspx?org=a2GSpnDbruI=&query=You%20Can%20Ride Global Travel Training Community: a discussion forum for professionals in the field of travel training from all professions including public schools http://ESPA-NCST.communityzero.com/GTTC |

			• Guide to Ride Northeast CT http://www.hartransit.com/pdfs/Guide%20To%20Ride%20Web.pdf •
E. Explain his/her disability relative to individual strengths, needs, preferences and interests.	3	•	• 411 on Disability Disclosure http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/411DisabilityDisclosureComplete.pdf Don't do w/o permission of parents • *Stepping Forward: A Self-Advocacy Guide for Middle and High School Students* http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/steppingforward_color_interactive_14.pdf • Link to BRS Transition Tool Kit http://www.ct.gov/brs/cwp/view.asp?a=3891&q=457620 • CT Youth Leadership Forum http://www.ctylp.org/ • DDS Waivers http://ct.gov/dds/cwp/view.asp?a=2042&q=332294 • DMHAS Waiver http://www.ct.gov/dmhas/cwp/view.asp?a=2902&Q=425724&PM=1 • Autism Waiver http://www.ct.gov/dds/cwp/view.asp?a=2730&q=442840 • ABI (TBI) Waiver http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305236 , • PCA Waiver http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305236 • History of Disability in America-Smithsonian Institute Exhibit http://everybody.si.edu/ • Asperger Syndrome Employment Workbook. Roger Meyer. Jessica Kingsley Publishers 2001.

			• Succeeding in College with Asperger Syndrome, a student guide. John Harpur, Maria Lawlor, Michael Fitzgerald. Jessica Kingsley Publishers 2004. • The Parent's Guide to College for Students on the Autism Spectrum. Chapter 8 & 9. Jane Thierfeld Brown, Lorraine Wolf, Lisa King, Ruth Kukiela Bork. AAPC Publishing. 2012 • Building a Bridge http://www.ct.gov/dph/lib/dph/family_health/children_and_youth/pdf/building_a_bridge.pdf •
F. Identify and ask for accommodations necessary to ensure equal access and full participation in post-school education and/or employment settings.	1,2,3	• Assistive Technology Checklist	• Connecticut Transition Services in College, University and Community-Based Settings http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Special/Community_Based_Transition_Services.pdf • Are You Ready for College? http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/AreYouReadyforCollege.pdf • Connecticut Ahead Disability Documentation Guidelines- http://www.ahead.org/resources/best-practices-resources • Job Accommodations Network-JAN https://askjan.org/ • Assistive Technology Wheel • Link to BRS Transition Toolkit http://www.ct.gov/brs/cwp/view.asp?a=3891&q=457620 • US Access Board: http://www.access-board.gov/ • Service Dog Laws: http://servicedogcentral.org/content/node/59 • Disability Disclosure Workbook for Youth http://www.ncwd-youth.info/411-on-disability-

			• disclosure • Disclosure Tip sheet http://labs.umassmed.edu/transitionsRTC/Resources/publications/Tipsheet7.pdf • Videos on Disclosure http://www.ncwd-youth.info/videos
G. Describe his/her rights and responsibilities under disability legislation (e.g., IDEA, 504, ADA)	3, 4	•	• Job Accommodations Network-- JAN https://askjan.org/ • Stepping Forward: A Self-Advocacy Guide for Middle and High School Students http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/steppingforward_color_interactive_14.pdf • ADA/504/IDEA Comparison http://www.dsu.edu/student-life/disability-services/high-school-college-overview.aspx • Building a Bridge http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Special/BuildingABridge.pdf • Students with Disabilities Preparing for Postsecondary Education: Know Your Rights and Responsibilities http://www2.ed.gov/about/offices/list/ocr/transition.html • The Parent's Guide to College for Students on the Autism Spectrum. Chapter 8 . Jane Thierfeld Brown, Lorraine Wolf, Lisa King, Ruth Kukiela Bork. AAPC Publishing. 2012 • ADA Nat'l Network: http://adata.org/ada-document-portal •
H. Demonstrate skills to access appropriate healthcare to meet his/her individual needs.	3, 4	• Brigance Transition Skills Inventory •	• Moving into Adult Healthcare http://www.ct.gov/dph/lib/dph/family_health/children_and_youth/pdf/young_adults_need_to_know.pdf

			• Health and Ready to Work (see above) • Healthcare Transitions DPH http://www.ct.gov/dph/cwp/view.asp?a=3138&q=432684 • DDS, DSS, and DMHAS links, including links for Autism Waiver, ABI (TBI) Waiver, PCA Waiver (see above) • United Way http://www.211.org/ •
I. Demonstrate skills to access community resources and participate in the community with and without support (recognizing the need for interdependence).	4	• Brigance Transition Skills Inventory • Transition Planning Inventory • Informal Assessments for Transition: Independent Living and Community Participation (pro-ed)	• Skills Training through CTWORKS (American Job Centers) • Collaborate with IL Centers / Other resources for IL Skills • CRP Database http://www.ctbrs.org/CRP/Home.aspx • NEAT Marketplace http://www.neatmarketplace.org/ • Benefits Counseling http://www.ct.gov/brs/cwp/view.asp?a=3890&q=456890&brsNav=| • Connect-Ability E learning modules https://elearning.connect-ability.com/ • Transportation Resources- Refer to letter D. • "Letting Go" link to resource in BRS Toolkit http://www.ct.gov/brs/cwp/view.asp?a=3891&q=457620 • Supported Employment Resource Sheet (Ongoing supports) • Family Long Term Planning- Guardianship • Goodwill & CTWORKS • Local libraries • Pacer Center http://www.pacer.org/publications/transition.asp

J. Demonstrate skills to access appropriate employment to meet his/her individual needs.	2	• Brigance Transition Skills Inventory • Transition Planning Inventory • Informal Assessments for Transition: Employment and Career Planning • Wide Range Interest and Occupation Test (WRIOT2) • ONET assessment tools	• Career inventory • Informational interviews • ONET assessment tools & Videos http://www.onetonline.org/ • Job Shadowing http://www.virtualjobshadow.com/ • Volunteering • Summer Youth Employment • Career Center within HS • Dress for success information • Work Evaluations • Visit and tour America's Job Centers • Goodwill & CTWORKS • Local libraries • Connect-Ability http://www.ct.gov/connect-ability/site/default.asp • BRS http://www.ct.gov/brs/site/default.asp • DDS Employment Resources http://www1.ctdol.state.ct.us/lmi/pubs/ConnecticutCareerPaths2013.pdf http://www.ct.gov/dds/cwp/view.asp?a=4189&q=492514 • Paving the way to work: A guide to career-focused mentoring for youth with disabilities http://www.ncwd-youth.info/paving-the-way-to-work • Military Careers from the Occupational Outlook Handbook http://www.bls.gov/ooh/military/military-careers.htm • Connecticut Career Paths: http://www1.ctdol.state.ct.us/lmi/pubs/ConnecticutCareerPaths2013.pdf • Skills inventory: http://www.careerinfonet.org/skills •

			- Professions: http://www.onetonline.org/find/family?f=33&g=GO - How to Find Work that Works for People with Asperger Syndrome. Gail Hawkins. Jessica Kingsley Publisher. 2004 - Asperger Syndrome Employment Workbook. Roger Meyer. Jessica Kingsley Publishers 2001. - Keeping a Job (for young adults) http://labs.umassmed.edu/transitionsRTC/Resources/publications/KeepingAJob.pdf - Youth to Work Coalition (NSTTAC: Work Based Learning) http://www.nsttac.org/ytw/wble-examples/youth-with-disabilities - Skills that pay the bills: Mastering soft skills for workplace success http://www.dol.gov/odep/topics/youth/softskills/softskills.pdf - EPIC Distance Learning Courses: (i.e. Soft Skills, Employment Readiness) https://elearning.connect-ability.com/
K. Demonstrate skills to access appropriate postsecondary education, training, or lifelong learning opportunities to meet his/her individual needs.	1, 4	- Brigance Transition Skills Inventory - Transition Planning Inventory - Informal Assessments for Transition: Postsecondary Education and Training	- Job fairs/ Career Fairs/ College Fairs/ Transition Expos/ Family Nights "Are You Ready for College" in BRS Transition Toolkit http://www.ct.gov/brs/lib/brs/pdfs/guidepostdocs/AreYouReadyforCollege.pdf - PASS Plan - Benefits Counseling http://www.ct.gov/brs/cwp/view.asp?a=3890&q=456890&brsNav=| - Financial Aid Resources

			• Connect-Ability E Learn Modules- (Financial Literacy) https://elearning.connect-ability.com/
			• CT AHEAD – Disability Documentation Guidelines: http://www.ahead.org/affiliates/connecticut/documentation
			• Disability and LD Contacts at CT Colleges/Universities: http://cped.uconn.edu/learning-disability-ld-and-disability-services-ds-contact-persons-for-students-on-connecticut-college-and-university-campuses/
			• Succeeding in College with Asperger Syndrome, a student guide: John Harpur, Maria Lawlor, Michael Fitzgerald. Jessica Kingsley Publishers 2004.
			• The Parent's Guide to College for Students on the Autism Spectrum. Chapter 8 & 9. Jane Thierfeld Brown, Lorraine Wolf, Lisa King, Ruth Kukiela Bork. AAPC Publishing. 2012
			• The Hidden Curriculum of Getting and Keeping a Job: Navigating the Social Landscape of Employment. Brenda Smith Myles, Judy Endow and Malcolm Mayfield. AAPC Publishing.
			• Social Behavior and Self Management. 5 point scale for adolescents and adults. Kari Buron, Jane Brown, Mitzi Curtis, Lisa King. 2012. AAPC Publishing.
			• Think College: http://www.thinkcollege.net/
			• Realizing the Dream: A teachers advisory guide http://www.ecmcfoundation.org/details/realizing.html
			• Opportunities: a workbook for preparing for college, How going to college can change your life www.casey.org

L. Demonstrate appropriate social interactions and skills to develop and maintain meaningful relationships.	1,2,3,4	•	• BRS Toolkit link http://www.ct.gov/brs/cwp/view.asp?a=3891&q=457620 • Connect-Ability E Learn https://elearning.connect-ability.com/ • DDS Consumer Corner: Leisure Resources http://www.ct.gov/consumercorner/cwp/view.asp?a=3914&Q=462766&consumercornerNav=| • DDS Healthy relationship information and series http://www.ct.gov/dds/cwp/view.asp?a=2645&Q=532110 • Oak Hill Center for Relationship and Sexuality Education http://oakhillcrse.org/index.asp • Autism for Dummies. Stephen Shore & Linda Rastelli. Wiley Publishing. 2006 • Asperger Syndrome, An Owners Manual 2 for older adolescents and Adults. Ellen Korin. 2007. AAPC Publishing. • Aspire, Achieve Empower: Best practices for mentoring youth with disabilities www.pyd.org • Friends: Connecting people with disabilities and community members http://ici.umn.edu/products/docs/Friends_manual.pdf •